

High School Intense 2026 – Tennis Program Application

Session: Late Winter / Early Spring 2026

Program Focus: High-intensity training for competitive high school tennis players

Administered by: Westfield Indoor Tennis Club

Player Information

Player Name: _____

Street Address: _____

City: _____ **State:** _____ **ZIP:** _____

Date of Birth: _____

Grade (2025–2026 school year): ☐ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 11 ☐ 12

School Name: _____

Contact Information

Email: _____

Phone: _____

Parent / Guardian Information

Name: _____

Email: _____

Phone: _____

Tennis Background

Years Playing Tennis: _____

Primary Hand: ☐ Right ☐ Left

Current Level: ☐ Intermediate ☐ Advanced ☐ Tournament / Varsity

*****Note: This training is currently not available for beginners.*****

High School Team Experience: ☐ Yes ☐ No

If yes, please list years and position: _____

This program is organized & run by high performance coaches.

This program is designed for juniors ages 12-17 who are on a high school team and/or trying out for a high school team (7th-8th grade). The first hour will be high intensity feeding live ball drills followed by the second hour of supervised match play. The focus will be on doubles strategy, including positioning, footwork and partner communication.

Saturdays 2-4pm

March 7 through May 16 (off on 4/4)

10 weeks - \$830.00

Make checks payable to “Aces”

No makeups for missed classes.